



Learn the Warning Signs for Strokes and the Steps of Seizure First Aid Today!

To learn more about the causes of stroke and how you can prevent them, visit stroke.org

To learn more about epilepsy and get seizure first aid trained, visit epilepsy.com/firstaid



Strokes can lead to seizures.

A person who has a **stroke** and begins having **seizures** months or even years later may develop **epilepsy**.

Nearly **10%** of stroke survivors suffer from post-stroke seizures.

43% of the time, those seizures happen within 24 hours of the stroke.

Stroke causes nearly **45%** of new epilepsy cases for adults 60 and over

Know warning signs for strokes

F.A.S.T.

| | | | |
|---------------|--------------|-------------------|------------------|
| Face Drooping | Arm Weakness | Speech Difficulty | Time to Call 911 |
|---------------|--------------|-------------------|------------------|

Learn Seizure First Aid



1 **STAY** with the person until they are awake and alert after the seizure.



2 Keep the person **SAFE**.
✓ Move or guide away from **harm**



3 Turn the person onto their **SIDE** if they are not awake or aware.
✓ Keep **airway clear**
✓ **Loosen tight clothes** around neck
✓ Put **something small and soft** under the head

Call 911 if...

- ▶ Seizure lasts longer than 5 minutes
- ▶ Person does not return to their usual state
- ▶ Person is injured, pregnant, or sick
- ▶ Repeated seizures
- ▶ First time seizure
- ▶ Difficulty breathing
- ▶ Seizure occurs in water



American Stroke Association.
A division of the American Heart Association.



EPILEPSY FOUNDATION

The Epilepsy Foundation and American Stroke Association are working together to raise awareness about the relationship between epilepsy and stroke. Think about making lifestyle changes that can reduce your risk of having a stroke. The #StrokesToSeizures campaign is supported by the CDC/US Dept. of HHS as part of a financial assistance award totaling \$30,000 with 100% funded by the CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the US Government.

#StrokestoSeizures